

# About the workshops

You won't need a partner for the dance workshops; they've been designed for people without partners, covering elements of Swedish and Norwegian traditional dances.

The workshops are not graded, and the tutors are experienced in working with mixed ability groups. You should be fairly proficient on your instrument and happy learning tunes by ear to get the most out of the experience.

We're not splitting the groups by instrument - all instruments are welcome. The hardingfele workshops will be specialised, due to the nature of the instrument, tunings and styles, but other musicians are welcome to join if they wish. Nyckelharpa players will particularly enjoy Josefina's workshops, but her tunes and style of teaching are appropriate for everyone.

Because the workshops are on Zoom, you'll appreciate that there will be limited opportunities to interact with the tutor and other participants. All workshops will be hosted by one of the Scandimoot team, and we'll provide guidance on Zoom etiquette.

The **outline timetable** is below. Instrumental workshops last 60 mins. Song workshops last either 60 or 90 mins. The two dance workshops are both two hours long. The full schedule with timings and artist biographies is available on the [Scandimoot Website](#).

## **Saturday 1 May (10.30 - 19.00) outline Zoom workshop programme**

- Instrumental music workshops with Ida Meidell Blylod, Jan Beitohagen Granli (hardingfele), Emma and Daniel Reid, Britt Elise Skram, and Josefina Paulson
- Dance workshop with Lina Palmgren and Emma Reid
- Song workshop with Cajsa Ekstav and Ditte Andersson
- lunchtime/early evening zoom sessions.

## **Sunday 2 May (10.30 - 19.00) outline Zoom workshop programme**

- Instrumental music workshops with Bridget Marsden & Leif Ottosson, Louise Wanselius, Jan Beitohagen Granli (hardingfele), Britt Elise Skram, Josefina Paulson
- Song workshops with Camilla Granlien and Louise Wanselius
- lunchtime/early evening zoom sessions.

## **Monday 3 May (10.30 - 14.30) outline Zoom workshop programme**

- Instrumental music workshop with Ida Meidell Blylod
- Dance workshop with Vegar Vårdal

## **Specific workshop details:**

### ***Ida Meidell Blylod*** (music)

*"In these workshops we will focus on tunes from Västerbotten as well as slängpolskas from old southern Swedish manuscript books. We will work on bowing patterns, phrasing and dance groove, and look at some possibilities for harmony playing."*

*Notation will be available after the workshops.*

### ***Britt Elise Skram*** (music)

*Britt Elise will teach tunes from her local district of Møre & Romsdal in southwest Norway.*

*Notation will be available after the workshops.*

### ***Jan Beitohaugen Granli*** (hardingfele)

*Jan will be teaching hardingfele tunes by ear, notation will not be supplied.*

**Cajsa Ekstav & Ditte Andersson** (song)

*"The songs will be drawn from the rich collections of songs which do not often appear in regular song books. They have been learned and shared as an aural tradition from older generations of singers and fiddlers. Cajsa and Ditte will teach these songs by ear with the lyrics provided on the screen. Music scores will not be used. Occasionally, they might provide suggestions for additional parts. Both the lyrics and sound files will be shared with the workshop participants upon completion of the workshop."*

**Lina Palmgren with Emma Reid** (dance)

*"In this online course we will examine the common ground of physicality and musicality - pulse, rhythm and melodic phrasing - through the dance forms polska and waltz. These dances are usually couple dances, though this time we will focus on our own bodies and dancing, in order to find an inner bond between dance and music in Swedish folk dance: how musicality can be articulated through the body, and how physicality expresses itself as musical."*

**Emma & Daniel Reid** (music)

*"In this workshop we will teach a tune from our duo repertoire, as well as elements of our arrangement. We will also share some of our thoughts on the art of playing together. All instruments welcome. We will be teaching by ear, so to get the most out of the workshop it is an advantage to have previous experience of learning and playing by ear."*  
*A sound file will be available for this workshop but not notation.*

**Bridget Marsden & Leif Ottosson** (music)

*This workshop will take its starting point in a traditional fiddle tune from Jämtland, Leif's home region in Sweden. We'll teach the melody, paying special attention to characteristic features such as ornamentation and intonation. We'll also look at different ways of harmonising and arranging the melody, creating a special Digimoot edition of this tune together!*

*Everything will be taught by ear during the workshop, and there will be digital sheet music available after the workshop. This workshop is open to all instruments. As well as spending time with the whole group, there will also be the chance to work in smaller groups, with Bridget focusing on fiddle-related details, and Leif focusing on accordion-related details.*

*\*\* Please note, we will use A = 442 hz as our reference note for tuning. We encourage you to be ready and tuned for the start of the workshop! \*\**

**Louise Wanselius** (music & song)

*"Dalarna and Västergötland are two regions in Sweden from where my folk music roots originate. My passion is to play melodies that touch my heart and to make them my own in a creative way. Above all I love composing new melodies. In my fiddle workshop I will share one or two of my own compositions and let you explore them by ear and also find ways to accompany them. In my singing workshop we will sing a couple of fun and beautiful songs from my folk repertoire, with and without words, in a joyful, dancy style. My focus will be on fiddle and singing but other instruments are welcome!"*  
*Recordings of the tunes will be available to listen to in advance, notation will be available after the workshop. The song texts will be onscreen and sent out afterwards.*

**Josefina Paulson** (music/nyckelharpa)

*Josefina will be teaching on nyckelharpa but all instruments are welcome. The form that the workshop takes is somewhat dependent on those joining but it will certainly include some polskas. You will learn tunes and look at style and dance rhythm. Notation will be available after the workshops.*

**Camilla Granlien** (song)

*Camilla will be teaching traditional song from the Gudbrandsdal and Hedmark regions of Norway. She will look at singing technique and typical characteristics of Norwegian folk song. Song texts will be provided.*